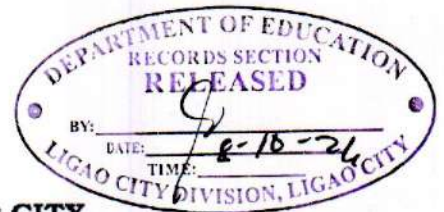


Republic of the Philippines
Department of Education
Region V- Bicol

SCHOOLS DIVISION OFFICE OF LIGAO CITY



Office of the Schools Division Superintendent

August 10, 2026

81026408

DIVISION MEMORANDUM

No. **0393** s. 2026

PREVENTIVE PROTOCOLS AGAINST HAND, FOOT, AND MOUTH DISEASE (HFMD)

To: Public Elementary School Heads
School Health Personnel/ Designated Clinic Teachers
All Others Concerned

1. In view of reported cases of **Hand, Foot, and Mouth Disease (HFMD)** among school-aged children, this Office directs all elementary schools to enforce strict preventive hygiene measures and containment protocols.

2. To prevent the transmission of this highly contagious viral illness, all School Heads and personnel must implement the following multi-setting measures:

A. School Prevention Measures

- Mandatory Handwashing:** Schedule supervised handwashing with soap and running water before meals and after restroom use
- Sanitation Supplies:** Ensure stable water supply and provide antibacterial soap or 70% alcohol in all classrooms and clinics.
- Daily Disinfection:** Sanitize desks, doorknobs, shared learning materials, and playground facilities at the end of every school day.
- No-Sharing Policy:** Enforce strict restrictions on sharing food containers, water bottles, utensils, and towels.

B. Home Prevention Measures (For Information of Parents)

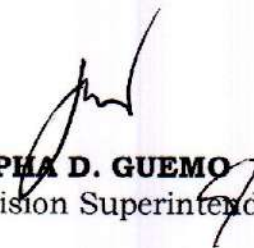
- Daily Screening:** Check children for fever, mouth sores, or red spots on palms and soles before sending them to school.
 - Strict Isolation:** Keep children with symptoms at home. Do not bring them to public places.
3. If a learner is suspected to have HFMD while inside the school, personnel must execute the following **Immediate Management Protocol**:
- Step 1: **Isolate** – Transfer the suspected learner immediately to the school clinic or designated isolation space.



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- Step 2: *Notify* – Inform the parents or guardians to fetch the learner immediately for medical evaluation.
 - Step 3: *Quarantine* – Impose a strict 7 to 10 days home isolation period. Blisters must dry up completely before return.
 - Step 4: *Decontaminate* – Disinfect the learner's classroom, armchair, and touched objects immediately.
 - Step 5: *Report* – Submit an immediate case report to the Division Health and Nutrition Unit for tracking.
4. **Return-to-School Requirement:** Affected learners shall only return to face-to-face classes upon submitting a valid Medical Certificate from a licensed physician or the Local Health Office. Advisers must provide **Alternative Delivery Modes (ADM)** to ensure learning continuity during quarantine.
5. Immediate dissemination of and strict compliance with this Memorandum are directed.


NYMPHA D. GUEMO
Schools Division Superintendent