

Republic of the Philippines  
Department of Education  
Region V- Bicol  
**SCHOOLS DIVISION OFFICE OF LIGAO CITY**



Office of the Schools Division Superintendent

February 12, 2026

**DIVISION MEMORANDUM**

No. **0078** s. 2026

**21226116**

**PARTICIPATION OF DEPED REGION V TO ARAL SERIES:  
MASTERCLASS ON SOCIAL-EMOTIONAL LEARNING (SEL)**

To: Asst. Schools Division Superintendent  
CID and SGOD, Chief Education Supervisors  
Public Elementary and Secondary School Heads  
All Others Concerned

1. In reference to Regional Memorandum No. 00215, s. 2026 titled, **Participation of DepEd Region V for the ARAL Series: Masterclass on Social-Emotional Learning (SEL)**, this Office enjoins all teachers in SDO Ligao City to participate in the 3<sup>rd</sup> Installment of ARAL Series scheduled on **February 14, 21, and 28, 2026 via Microsoft Teams.**
2. The PD Program is PRC-accredited with 15 CPD units and is open to 80,000 Key Stage 1 ARAL Teachers and Tutors nationwide, including those involved in remediation and academic recovery under the ARAL Program.
3. Interested participants are requested to register through the official Gokongwei Brothers Foundation (GFB) STEM Collab community page at <https://bit.ly/gbfstemcollabcommunity>.
4. Full details can be found in the following attachments for reference:
  - a. Regional Memorandum No. 00215, s. 2026
  - b. Memorandum DM-OULS-2026-059
5. Immediate dissemination of this Memorandum is desired.

**NYMPHA D. GUERO**

Schools Division Superintendent

*By the authority of the SDO:*

MARY JOVELLE E. OLLET  
ADMINISTRATIVE OFFICER V

Encl. As stated  
Reference: None

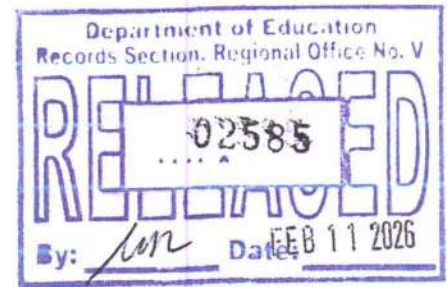
To be indicated in the *Perpetual Index*  
under the following subjects:

PROFESSIONAL DEVELOPMENT      ARAL      TEACHERS

SGOD/HRD  
02/12/2026



Republic of the Philippines  
**Department of Education**  
REGION V - BICOL



10 Feb 2026

REGIONAL MEMORANDUM  
No. 00215, s. 2026

**PARTICIPATION OF DEPED REGION V TO ARAL SERIES:  
MASTERCLASS ON SOCIAL-EMOTIONAL LEARNING (SEL)**

To : Assistant Regional Director  
Schools Division Superintendents  
School Heads and Teachers  
All Others Concerned

1. In reference to DepEd Memorandum DM-OULS-2026-059 titled **Call for Participants for the ARAL Series: Masterclass on Social-Emotional Learning (SEL)** and the strengthened efforts of our region to continuously improve the capacity of our teachers, this Office enjoins all teachers in the region to participate in the 3<sup>rd</sup> installment of ARAL Series scheduled on **February 14, 21, and 28, 2026 via Microsoft Teams**.
2. This Initiative of the National Educators Academy of the Philippines (NEAP) in collaboration with the Gokongwei Brothers Foundation (GBF) is in support to the Republic Act No. 12028, or the Academic Recovery and Accessible Learning (ARAL).
3. In this regard, all SDOs through HRDS are requested to disseminate this to all teachers. The PD Program is PRC-accredited with 15 CPD units and is open to 80,000 Key Stage 1 ARAL Teachers and Tutors nationwide, including those involved in remediation and academic recovery under the ARAL Program.
4. Interested participants are requested to register through the official GBF STEM Collab community page at <https://bit.ly/m/gbfstemcollabcommunity>.
5. Full details can be found in the attached communication from NEAP.
6. Immediate dissemination of this Memorandum is desired.

**GILBERT T. SADSAD**  
Regional Director

To be indicated in the Perpetual Index  
under the following subjects:  
NEAP TRAINING      TEACHERS      PROFESSIONAL DEVELOPMENT      ARAL

HRDD-NEAP R/smn/jaa  
02/10/2026

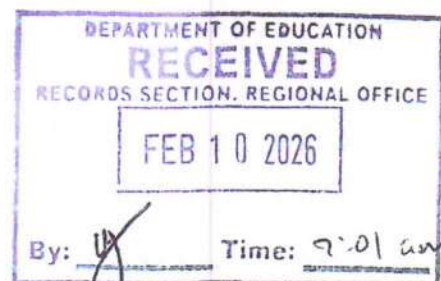


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Republic of the Philippines  
**Department of Education**  
OFFICE OF THE UNDERSECRETARY FOR LEARNING SYSTEMS



MEMORANDUM  
DM-OULS-2026-054

TO : Regional Directors  
Schools Division Superintendents  
School Heads  
All Others Concerned

FROM : *Carmela C. Oracion*  
CARMELA C. ORACION  
Assistant Secretary  
Officer-in-Charge  
Office of the Undersecretary for Learning Systems

SUBJECT : **CALL FOR PARTICIPANTS FOR THE ARAL SERIES:  
MASTER CLASS ON SOCIAL-EMOTIONAL LEARNING (SEL)**

DATE : 06 February 2026

1. Pursuant to Section 4 of the Republic Act (RA) No. 12028, or the Academic Recovery and Accessible Learning (ARAL) Program Act of 2024 and DepEd Order (DO) No. 18, s. 2025, or the Implementing Guidelines of the Academic Recovery and Accessible Learning Program, the Department of Education implemented the ARAL Program. This initiative establishes a free and effective national learning intervention program to ensure that all learners struggling in their lessons, particularly in Reading, Mathematics, and Science, will be able to attain the competencies set by DepEd in their respective levels.
2. In line with this commitment, the National Educators Academy of the Philippines (NEAP), in partnership with the Gokongwei Brothers Foundation (GBF), shall conduct the 3<sup>rd</sup> Installment of Aral Series titled **ARAL Series: Master Class on Social-Emotional Learning (SEL)**, via Microsoft Teams Townhall on February 14, 21, and 28, 2026. This three-part webinar series is accredited by the Professional Regulation Commission (PRC) and carries 15 CPD units.
3. The activity is open to 80,000 Key Stage 1 ARAL Teachers and Tutors nationwide, including those involved in remediation and academic recovery initiatives under the ARAL Program.
4. Specifically, this activity aims to:
  - Lead the strategic integration of the ExSELLEnT Framework into specialized remediation programs to address complex learner needs;
  - Manage research-based SEL interventions that enhance teacher readiness and foster inclusive, psychologically safe learning environments; and

- Formulate multidisciplinary policies and partnerships that institutionalize SEL within schoolwide systems and community-led recovery efforts.
5. Interested participants are required to register through the official GBF STEM Collab community page at [bit.ly/m/gbfstemcollabcommunity](http://bit.ly/m/gbfstemcollabcommunity), where the official Webinar Series links and related announcements will be posted. Participants may also refer to attached **Program Matrix** (Enclosure 1) for reference and guidance.
  6. For further queries or clarifications, kindly contact the **NEAP-Professional Development Division** at [neap.pdd@deped.gov.ph](mailto:neap.pdd@deped.gov.ph) or landline (02) 8715-9919. You may also reach the **Gokongwei Brothers Foundation** through **Candice D. Jungao** at the GBF Educator Programs team.
  7. For immediate dissemination and appropriate action.

CD



Republika ng Pilipinas  
**Department of Education**  
**NATIONAL EDUCATORS ACADEMY OF THE PHILIPPINES**

|          |          |             |                                                                                    |
|----------|----------|-------------|------------------------------------------------------------------------------------|
| 10:15 AM | 10:30 AM | 15 minutes  | Q&A                                                                                |
| 10:30 AM | 11:30 AM | 60 minutes  | Topic 2: Inclusive Classrooms: Designing Safe and Supportive Remedial Environments |
| 11:30 AM | 11:45 AM | 15 minutes  | Q&A                                                                                |
| 11:45 AM | 12:00 PM | 15 minutes  | Breakout Session<br>Workshop Instructions and Post Test Guidelines                 |
| 12:00 PM | 1:00 PM  | 60 minutes  | Lunch Break                                                                        |
| 1:00 PM  | 5:00 PM  | 240 minutes | Self-paced Workshop<br>Post Test and Output Completion                             |

February 28, 2026

1. Schoolwide SEL: Implementing Policies and Programs to Support Remediation
2. School & Community SEL: Extending Support for Holistic Learner Recovery

| TIME START | TIME END | DURATION    | ACTIVITY                                                                           |
|------------|----------|-------------|------------------------------------------------------------------------------------|
| 8:00 AM    | 9:00 AM  | 60 minutes  | Registration and Pretest                                                           |
| 9:00 AM    | 9:15 AM  | 15 minutes  | Opening Program<br>Teacher Engagement: STEMulator                                  |
| 9:15 AM    | 10:15 AM | 60 minutes  | Topic 1: Schoolwide SEL: Implementing Policies and Programs to Support Remediation |
| 10:15 AM   | 10:30 AM | 15 minutes  | Q&A                                                                                |
| 10:30 AM   | 11:30 AM | 60 minutes  | Topic 2: School & Community SEL: Extending Support for Holistic Learner Recovery   |
| 11:30 AM   | 11:45 AM | 15 minutes  | Q&A                                                                                |
| 11:45 AM   | 12:00 PM | 15 minutes  | Breakout Session<br>Workshop Instructions and Post Test Guidelines                 |
| 12:00 PM   | 1:00 PM  | 60 minutes  | Lunch Break                                                                        |
| 1:00 PM    | 5:00 PM  | 240 minutes | Self-paced Workshop<br>Post Test and Output Completion                             |



Republika ng Pilipinas  
**Department of Education**  
**NATIONAL EDUCATORS ACADEMY OF THE PHILIPPINES**

Enclosure 1

**PROGRAM MATRIX**

February 14, 2026

1. Strategic SEL: Integrating the ExSELLEnT Framework for Effective Remediation
2. Teacher SEL and Well-Being: Leading with Emotional Readiness in Remediation

| TIME START | TIME END | DURATION    | ACTIVITY                                                                             |
|------------|----------|-------------|--------------------------------------------------------------------------------------|
| 8:00 AM    | 9:00 AM  | 60 minutes  | Registration and Pretest                                                             |
| 9:00 AM    | 9:15 AM  | 15 minutes  | Opening Program<br>Teacher Engagement: STEMulator                                    |
| 9:15 AM    | 10:15 AM | 60 minutes  | Topic 1: Integrating the ExSELLEnT Framework for Effective Remediation               |
| 10:15 AM   | 10:30 AM | 15 minutes  | Q&A                                                                                  |
| 10:30 AM   | 11:30 AM | 60 minutes  | Topic 2: Teacher SEL and Well-Being: Leading with Emotional Readiness in Remediation |
| 11:30 AM   | 11:45 AM | 15 minutes  | Q&A                                                                                  |
| 11:45 AM   | 12:00 PM | 15 minutes  | Breakout Session<br>Workshop Instructions and Post Test Guidelines                   |
| 12:00 PM   | 1:00 PM  | 60 minutes  | Lunch Break                                                                          |
| 1:00 PM    | 5:00 PM  | 240 minutes | Self-paced Workshop<br>Post Test and Output Completion                               |

February 21, 2026

1. Classroom SEL: Building Positive Relationships for Remediation
2. Inclusive Classrooms: Designing Safe and Supportive Remedial Environments

| TIME START | TIME END | DURATION   | ACTIVITY                                                                |
|------------|----------|------------|-------------------------------------------------------------------------|
| 8:00 AM    | 9:00 AM  | 60 minutes | Registration and Pretest                                                |
| 9:00 AM    | 9:15 AM  | 15 minutes | Opening Program<br>Teacher Engagement: STEMulator                       |
| 9:15 AM    | 10:15 AM | 60 minutes | Topic 1: Classroom SEL: Building Positive Relationships for Remediation |