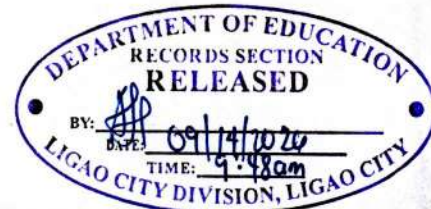




Republic of the Philippines
Department of Education
Region V– Bicol

SCHOOLS DIVISION OFFICE OF LIGAO CITY



Office of the Schools Division Superintendent

91426506

September 14, 2026

DIVISION MEMORANDUM

No. **0454** s. 2026

**INTENSIFIED SCHOOL HEALTH ADVISORY ON DENGUE
PREVENTION AND CONTROL MEASURES IN SCHOOLS AMID
CONTINUOUS INCREASE IN CASES**

To: Public Elementary and Secondary School Heads
School Health Personnel/ Designated Clinic Teachers
All Others Concerned

1. In view of the **continuous increase of dengue cases** across the province of Albay and the subsequent declaration of localized health interventions, this office reiterates the urgent necessity of strictly enforcing dengue prevention programs. With the prevailing rainy seasons accelerating mosquito breeding cycles, school environments represent critical focus areas for potential disease transmission. Protecting the health, nutritional status, and absolute safety of our learners and personnel.

2. Dengue is an acute viral infection that impacts a child's systemic well-being and immediate learning capacity. School authorities, nurses, and classroom advisers must focus health education drives on the following core areas:

- **Transmission Vector:** Propagated strictly by the female *Aedes aegypti* and *Aedes albopictus* mosquitoes, which exhibit peak biting frequencies during the morning and late afternoon hours.
- **Clinical Symptoms:** Characterized by sudden, intense onset of high fever (2 to 7 days) paired with severe fronto-orbital headache, muscle/joint deterioration pain, acute nausea, vomiting, and distinct skin petechiae rashes.
- **Severe Complications:** Unmonitored progression can rapidly devolve into Dengue Hemorrhagic Fever (DHF) or Dengue Shock Syndrome (DSS), resulting in dangerous internal bleeding or fluid loss.

3. All academic facilities within SDO Ligao City are instructed to systematically execute the Department of Health's **5S Strategy** under the immediate monitoring of designated school nursing and health personnel:



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- **Search and Destroy:** Eradicate all viable breeding grounds. Daily inspection must locate stagnant water collection points including clogged roof gutters, unsealed drums, discarded tires, and blocked drainage.
 - **Self-Protection Measures:** Advocate for the utilization of long-sleeved alternative uniforms or loose clothing items and the strategic application of approved insect repellent lotions on learners.
 - **Seek Early Consultation:** School heads must immediately mandate clinic isolation and subsequent medical referral for any child or teacher experiencing a fever for over 24 hours.
 - **Support Fogging/ Spraying:** Cooperate fully with city sanitation departments for structural chemical misting or space fogging, strictly focusing on designated clusters and known outbreak zones.
 - **Sustain Hydration:** Actively promote oral rehydration therapy via clean drinking water or electrolyte solutions at the first indication of suspected high-fever symptoms.
4. All designated School Health Coordinators and Clinic Nurses are mandated to accomplish the following operations:
- Reactivate the school's daily **4 o'clock cleaning habits** focused on vector eradication sweeps:
 - a. **Taob (Turn Over):** Inverting all empty containers, pots, coconut shells, and bottles to prevent them from collecting rainwater.
 - b. **Taktak (Shake out):** Vigorous shaking of accumulated water from canvas canopies, plastic sheets, and dense foliage where droplets cling.
 - c. **Tuyo (Dry Out):** Wiping down and completely drying water dispensers, air-cooler trays, dish racks, and plant saucers.
 - d. **Takip (Cover Up):** Ensuring drum reservoirs, emergency storage tanks, and trash bins are tightly sealed with screen meshes or fitted lids.
 - **Maintain Strict Surveillance:** School health personnel shall diligently maintain case reporting parameters and synchronize directly with the Ligao City Health office (CHO) for immediate aggregation and joint vector control actions
5. Immediate dissemination and strict compliance with this Memorandum are directed.


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Schools Division Superintendent