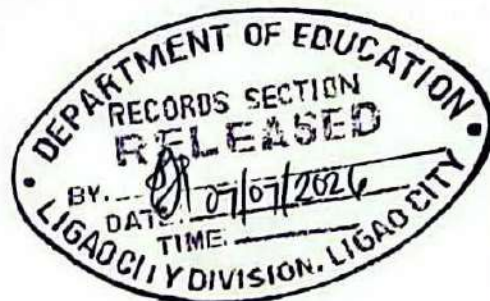




Republic of the Philippines  
Department of Education  
Region V- Bicol

**SCHOOLS DIVISION OFFICE OF LIGAO CITY**



Office of the Schools Division Superintendent

July 6, 2026

70726337

**DIVISION MEMORANDUM**

No. **0337** s. 2026

**IMPLEMENTATION OF WEEKLY IRON AND FOLIC ACID SUPPLEMENTATION FOR FEMALE ADOLESCENT LEARNERS IN PUBLIC SECONDARY SCHOOLS**

To: Assistant Schools Division Superintendent  
Chief Education Supervisors (SGOD & CID)  
Secondary School Heads  
All Others Concerned

1. In support of the Department of Education's unwavering commitment to advancing adolescent health and nutrition, the Weekly Iron and Folic Acid (WIFA) Supplementation Program will be conducted for its 1st round of implementation in all public secondary schools.

2. This initiative specifically targets female adolescent learners in Grades 7 to 10, as well as those enrolled in the Alternative Learning System (ALS), who have secured parental consent and have undergone deworming within the past six months. Eligible beneficiaries will receive one Iron and Folic Acid (IFA) tablet weekly, every Monday, from July 20 to September 20, 2026.

3. The WIFA Program is designed to enhance the overall health and nutritional well-being of female adolescent learners, with an emphasis on reducing the incidence of anemia. Through sustained and consistent supplementation, the program endeavors to foster physical growth and development, improve cognitive function and learning capacity, encourage regular school attendance, and promote better academic performance.

4. For additional reference and guidance, please refer to DepEd 59, s.2017 along with the required Weekly Iron and Folic Acid (WIFA) forms. These materials can be accessed through the link provided below:

**<https://tinyurl.com/2xm4brz3>**

5. For information and guidance.

**NYMPHA D. GUEMO**  
Schools Division Superintendent

SGOD/SHNU/WIFA  
07/6/2026



Binatagan, Ligao City, 4504  
ligao.city@deped.gov.ph  
depedligao.city.net