



Republic of the Philippines
Department of Education
Region V – Bicol

SCHOOLS DIVISION OFFICE OF LIGAO CITY



Office of the Schools Division Superintendent

20926097

February 9, 2026

DIVISION MEMORANDUM

No. **0064** s. 2026

IMPLEMENTATION OF WEEKLY IRON AND FOLIC ACID SUPPLEMENTATION FOR FEMALE ADOLESCENT LEARNERS IN PUBLIC SECONDARY SCHOOLS

To: Assistant Schools Division Superintendent
Chief Education Supervisors (SGOD & CID)
Secondary School Heads
All Others Concerned

1. In line with the Department of Education's steadfast commitment to promote adolescent health and nutrition, the Weekly Iron and Folic Acid (WIFA) Supplementation Program will be implemented for its 2nd round across all public secondary schools.
2. This initiative specifically covers female adolescent learners from Grades 7 to 10 and those under the Alternative Learning System (ALS) who have secured parental consent and have undergone deworming within the last 6 months. Beneficiaries will receive one Iron and Folic Acid (IFA) tablet weekly, every Monday, from February 16-April 16, 2026.
3. The WIFA Program aims to improve the overall health and nutritional status of female adolescent learners, with emphasis on reducing the prevalence of anemia. Through consistent supplementation, the program seeks to contribute to physical growth and development, cognitive performance and learning capacity, regular school attendance, and enhanced academic achievement.
4. For guidance, please refer to DepEd 59, s.2017 and the required Weekly Iron and Folic Acid (WIFA) forms. These documents may be accessed through this link: https://drive.google.com/drive/folders/11b-K5dCRbWzeVUwymhHy0dzHFUZNzh_G
5. For information and guidance.


NYMPHA D. GUEMO
Schools Division Superintendent

SGOD/SHNU/WIFA
02/09/2026