



Republic of the Philippines
Department of Education
Region V – Bicol
SCHOOLS DIVISION OFFICE OF LIGAO CITY



Office of the Schools Division Superintendent

March 18, 2026

31826193

DIVISION MEMORANDUM

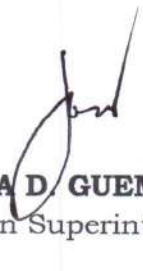
No. 0133 s. 2026

ADDENDUM TO UNNUMBERED MEMORANDUM DATED MARCH 17, 2026

(Courtesy Call to the City Officials)

TO: Assistant Schools Division Superintendent
Public and Private Elementary and Secondary School Heads
All Athletes and Coaches

1. Relative to the recently concluded 2026 Palarong Bicol, all winning athletes and coaches shall attend the courtesy call to the City Government of Ligao on March 19, 2026, 9:00 a.m. at the City Mayor's Office.
2. Athletes and coaches shall wear the official delegation uniform. Please refer to the attached complete list of athletes and coaches who will attend the courtesy call.
3. For information and guidance of all concerned.


NYMPHA D. GUOMO
Schools Division Superintendent



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**PALARONG BICOL 2026
Official Medal Tally and Results**

Gold	23
Silver	25
Bronze	28

**Palarong Pambansa Qualifiers
GOLD Medalists**

Event	Players	Coach /Trainer
Rhythmic Gymnastics		
Rhythmic Gymnastics Freehand Elementary	Alexis Bariso (LWCES Poblacion)	Brenda B. Ros Marian Vivian Alejandre Ely Jay-Ar Velarde Genemy Joice M. Diaz
Rhythmic Gymnastics Hoop Elementary	Ma. Princess Michaela Boslon (LWCES Binatagan)	
Rhythmic Gymnastics Ball Elementary	Alexis Bariso (LWCES Poblacion)	
Rhythmic Gymnastics Clubs Elementary	Alexis Bariso (LWCES Poblacion)	
Rhythmic Gymnastics Individual All Around Elementary	Alexis Bariso (LWCES Poblacion)	
Rhythmic Gymnastics Team Elementary	Ma. Princess Michaela Boslon, Alexis Bariso, Celine Sanchez (LWCES Binatagan)	
Paragames		
Paragames Athletics100m run girls 16 above	Katrina Llanza (LNHS)	Francis Batalla
Paragames Athletics 200m run girls 16 above	Katrina Llanza (LNHS)	
Paragames AthleticsRunning Long Jump Girls 16 above	Katrina Llanza (LNHS)	
Dance Sports		
Dance Sports V.Waltz Elementary	Matteo Renzo Y. Liwanag, Maria Theresa G. Avila (Layon ES /Vanderpol CA)	Cynthia G. Avila
Dance Sports Slow Waltz Secondary	Alaiza Pejoro, Chernnie Carillo (LNHS)	Ronnie Carillo
Dance Sports V. Waltz Secondary	Alaiza Pejoro, Chernnie Carillo (LNHS)	Ronnie Carillo



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Dance Sports Foxtrot Secondary	Alaiza Pejoro Chernnie Carillo	Ronnie Carillo Celeste Garcia
Dance Sports Quickstep Secondary	Alaiza Pejoro Chernnie Carillo	
Dance Sports Standard Grade A Secondary	Alaiza Pejoro Chernnie Carillo	
Taekwondo		
Taekwondo Poomsae Elementary Girls Solo	Maxyne Gelle A. Nueca (Vanderpol CA)	Jeany Lorente Chona Rebibis
Aero Gymnastics		
Individual Women Elementary	Trixia Leigh Mendina (LWCES Binatagan)	Juvy Romero Christian Bias
Individual Male Secondary	Lawrence Cagnayo (LNHS)	
Individual Women Secondary	Aishe Nicole Rempis (LNHS)	
Aero Dance Elementary	Sebastian Sedano, Trixia Leigh Medina, Mikaela Janine Ranera (LWCES Binatagan) Mohaihem Dimaocom (Paulog ES)	
Aero Dance Secondary	Lawrence Cagnayo Aishe Nicole Rempis Gabriella Romero Joshua Ytang (LNHS)	Jessie Dela Punta Romnick Mel Martinez
Trio Secondary	Lawrence Cagnayo Aishe Nicole Rempis Gabriella Romero	
Mixed Pair Secondary	Aishe Nicole Rempis Lawrence Cagnayo	
Over-all Team Secondary	Rempis, Cagnayo Romero, Ytang	
Boxing		
48-50 kgs category	Jorge B. Bue (Amtic NHS)	Nepthali Avila Jr. Cris Ann R. Quinto Melchor Brinas
Basketball		
Basketball 3x3	Kian Matt Ivan De Guzman John Karlo Raro Mack Joaquin Red Troy Ubalde (LNHS)	John Ednon Argamosa Noah Lobitania John Concepcion Richard De Chavez Jerson Laguerta Nick Monsalve Yanri France Saret



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Rhythmic Gymnastics Individual All Around Elem	Celine Sanchez	
Arnis		
Arnis Elementary Boys - Espada Y Daga Individual	Jearvin Tupas (LWCES Poblacion)	Anel Casulang Arlene Cenita
Arnis Elementary Girls - Espada Y Daga	Rockquel Julianne E. Relorcasa (LWCES Poblacion)	
Arnis Secondary Boys Team Synchronized Double Weapon	Jhon Raymar Asis, Jasper Tupas, Francis Rico Rectin (LNHS)	Raul Romero Ardan Cenita Jeremie Catina Jeniela Mae Princesa
Arnis Secondary Boys Team Synchronized Espada Y Daga	Jhon Raymar Asis, Jasper Tupas, Francis Rico Rectin	
Arnis Secondary Boys Full Contact Extra Lightweight Category	Jhon Raymar Asis (LNHS)	
Arnis Secondary Girls Individual Single Weapon	Ashly Evon Dela Torre (LNHS)	
Dance Sports		
Dance Sports Elem Grade A	Matteo Renzo Y. Liwanag, Maria Theresa G. Avila (Layon ES / Vanderpol CA)	Cynthia G. Avila
Dance Sports Paso Doble	Don Crisol Micua, Shamcey Joy Boni (LNHS)	Marina Zel Surbano Kreska Niluiza L. Tambobong
Dance Sports Secondary Jive	Don Crisol Micua, Shamcey Joy Boni	
Wushu		
Wushu 48kg Group A Boys	Matthew Devaine B. Alsua (LNHS)	Lovelina O. Navia Carlo Aberos
Aero Gymnastics		
Individual Male Elementary	Mohaimen Dimaocom (Paulog ES)	Juvy Romero Christian Bias
Mixed Pair Elementary	Mikaella Janine Ranera, Sebastian Sedano (LWCES Binatagan)	
Boxing		
Boxing	Erstone Errole Escopete (LNHS)	Nepthali Avila Jr. Melchor Brinas
Swimming		
Swimming Girls Elem 200 m Individual Medley	Heleina Skye Sarsale (Vanderpol CA)	Ma. Pagibig Reonal



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SILVER Medalists

Event	Players	Coach
Badminton		
Girl Singles Secondary	Aeizhea Suzanne Sadia (Palarong Pambansa Qualifier) LNHS	Louiela M. Rentillo Anthony Alex Serrano
Swimming		
Swimming - 400 m freestyle Secondary Girls	Gwyneth Anne Chunaco (Vanderpol CA)	France Josette Valencia Norberto Raymund Estrellado Kurt Recto Ma. Pagibig Reonal Fredrick Orbase
Swimming - 800 m Freestyle Secondary Girls	Gwyneth Anne Chunaco	
Swimming - 1500 m Freestyle Secondary Girls	Gwyneth Anne Chunaco	
Swimming 100m Breaststroke Elementary Girls	Heleina Skye Sarsale (Vanderpol CA)	
Swimming 50m Breaststroke Elementary Girls	Heleina Skye Sarsale	
Rhythmic Gymnastics	Vanderpol CA	
Rhythmic Gymnastics Freehand Elementary	Maria Princess Micahella Boslon (LWCES Binatagan)	Brenda B. Ros Marian Vivian Alejandre Jay Ar Velarde Genemy Joice M. Diaz
Rhythmic Gymnastics Hoop Elementary	Alexis Bariso (LWCES Binatagan)	
Rhythmic Gymnastics Ball Elementary	Maria Princess Micahella Boslon	
Rhythmic Gymnastics Clubs Elementary	Maria Princess Micahella Boslon	
Rhythmic Gymnastics Individual All Around Elem	Maria Princess Micahella Boslon	
Rhythmic Gymnastics Ball Secondary	Samantha Moreno (LNHS)	
Arnis		
Arnis Secondary Boys Single Weapon	Jaspher Tupas (LNHS)	Raul Romero Arlene Cenita Jerimie Catina Ardan Cenita
Arnis Secondary Girls- Espada y Daga	Ashly Evon Dela Torre (LNHS)	
Dance Sports		
Dance Sports Latin Grade A Secondary	Don Crisol Micua Shamcey Joy Boni (LNHS)	Marina Zel Surbano Celeste Garcia



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Dance Sports Tango Secondary	Alaiza Pejoro Chernnie Carillo (LNHS)		Ronnie Carillo Celeste Garcia Marina Zel Surbano
Dance Sports Secondary Chachacha	Don Crisol Micua Shamcey Joy Boni (LNHS)		
Dance Sports Rumba Secondary	Don Crisol Micua, Shamcey Joy Boni		
Dance Sports Samba Secondary	Don Crisol Micua, Shamcey Joy Boni		
Dance Sports Foxtrot Elementary	Matteo Renzo Y. Liwanag, Maria Theresa G. Avila (Layon ES / Vanderpol CA)		Cynthia G. Avila Kreska Niluiza L. Tambobong
Dance Sports Slow Waltz Elementary	Matteo Renzo Y. Liwanag, Maria Theresa G. Avila		
Aero Gymnastics			
Elementary Over All Team	Sebastian Sedano, Trixia Leigh Medina, Mikaela Janine Ranera (LWCES Binatagan) Mohaihem Dimaocom (Paulog ES)		Juvy A. Romero Romnick Mel Martinez Christian Bias
Mixed Pair Elementary	Mohaimen Dimaocom, Trixia Leigh Mendina		
Trio Elementary	Mohaihem Dimaocom, Trixia Leigh Medina, Mikaela Janine Ranera		
Individual Women Secondary	Gabrielle Romero (LNHS)		Jessie dela Punta Romnick Mel Martinez
Mixed Pair Secondary	Gabrielle Romero, Joshua Ytang (LNHS)		

BRONZE Medalists

Event	Players	Coach
Rhythmic Gymnastics		
Rhythmic Gymnastics Hoop Elem	Celine Sanchez (LWCES Binatagan)	Brenda B. Ros Marian Vivian Alejandre Ely Jay-Ar Velarde
Rhythmic Gymnastics Hoop Secondary	Samantha Moreno (LNHS)	
Rhythmic Gymnastics Clubs Elem	Celine Sanchez	
Rhythmic Gymnastics Ball Elem	Celine Sanchez	



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Swimming Girls Elem 100 m Freestyle	Heleina Skye Sarsale (Vanderpol CA)	Kurt Recto
Swimming Girls Elem 50 m Freestyle	Heleina Skye Sarsale (Vanderpol CA)	
Athletics		
Shot Put	Lovely Shane Mapa (LWCES Poblacion)	Alvin R. Liolio Joel Barasona
Badminton		
Boys Doubles Elementary	Jhun Henry Damasco Isaiah Harical (Ligao East CS)	Gina O. Balaela Anthony Alex Serrano Nathalie C. Manlangit
Mixed Doubles Secondary	Anthony Felix Del Valle Aeizhea Suzanne Sadia (LNHS)	
Tennis		
Elementary Girls Singles	Sofia Q. Simfuego (Don Teotimo ES_)	Rhea May Hilario Angelo Paular Joseph Morco Rene Prena
Elementary Boys Doubles	Novak Rolan Peraja, Dwayn Louis Reamico (Vanderpol CA / LWCES (B))	
Secondary Boys Doubles	Ael Wimbley Peraja, Ramon Francisco Alsua (BRSHS)	

Prepared by:


JOSE PEDRO Q. DAYANDANTE
EPS -SGOD, Division Sports Officer

Attested by:


ERNIE M. BARANQUEL
Chief Education Supervisor – SGOD

NOTED:


NYMPHA D. GUEMO
Schools Division Superintendent