



Republic of the Philippines
Department of Education
Region V- Bicol



SCHOOLS DIVISION OFFICE OF LIGAO CITY

Office of the Schools Division Superintendent

DIVISION MEMORANDUM

71426347

July 14, 2026

No. 0346, s. 2026

**UTILIZATION OF CLASSROOM TELEVISION SCREENS FOR NUTRITION
ADVOCACY DURING BREAKTIME IN CELEBRATION OF THE 2026 NUTRITION
MONTH**

To: Assistant Schools Division Superintendent
CID and SGOD Chief Education Supervisors
Public Elementary & Secondary School Heads
All Others Concerned

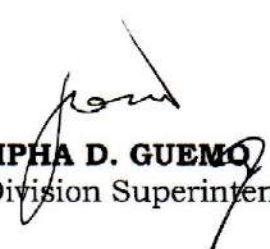
1. In line with the observance of the **52nd National Nutrition Month Celebration**, with the theme, "**Sa PPAN: Sama-sama sa Nutrisyong Sapat Para sa Lahat! Nutrisyon at Kalikasan, Ating Pangalagaan**", this Office enjoins all public elementary and secondary schools to actively participate through innovative and non-disruptive school-based strategies.
2. Pursuant to **DepEd Order (DO) No. 009, s. 2026** (Guidelines on the Implementation of the School Calendar) and **DO No. 20, s. 2002** (Maximizing Instructional Time), all activities related to this celebration must strictly preserve valuable teaching-learning blocks and avoid disrupting structured class hours.
3. Accordingly, **all classrooms with functional TV screens or monitors are directed to play nutrition educational videos exclusively during morning and afternoon recess periods throughout July.**
4. School Heads and Class Advisers are advised to observe the following parameters for implementation:
 - a. **Approved Content Only:** Videos must be sourced from official repositories such as the National Nutrition Council (NNC), DepEd TV, the Department of Health (DOH), or pre-vetted educational materials focusing on healthy eating, climate-resilient food systems, and environmental care.
 - b. **Voluntary Engagement:** Video viewings must remain casual. No examinations, mandatory graded quizzes, or extra-credit points shall be tied to this viewing activity to keep the break environments restful.
 - c. **Volume Control:** Audio levels must be strictly monitored to prevent disturbance to nearby classrooms, offices, or ongoing administrative tasks.



Republic of the Philippines
Department of Education
Region V- Bicol

SCHOOLS DIVISION OFFICE OF LIGAO CITY

5. Secondary activities such as contextualizing nutrition concepts inside relevant subjects (e.g. MAPEH, Science, and English) are highly encouraged.
6. **Submission of Compliance Reports:** Schools should submit their documentation through the designated official Google Drive link: https://drive.google.com/drive/folders/10hw76eJi_u70vpqDaEPLbNATWCCkvEQG?usp=sharing. To ensure a streamlined verification process, **only video clips and photographs showing the actual classroom implementation shall be uploaded. No written narrative or word-processed reports are required or allowed in the folder.** The uploading starts on or before **July 20, 2026** and deadline on **August 3, 2026**.
7. Immediate dissemination of and strict compliance with this Memorandum are desired.


NYMPHA D. GUEMO

Schools Division Superintendent

SGOD/SHNU
7/14/2026